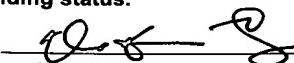


FORM PTO-1390 (Modified) U.S. PATENT AND TRADEMARK OFFICE; U.S. DEPARTMENT OF COMMERCE (REV. 2-2005)		ATTORNEY'S DOCKET NUMBER 4393-123 US
TRANSMITTAL LETTER TO THE UNITED STATES DESIGNATED/ELECTED OFFICE (DO/EO/US) CONCERNING A SUBMISSION UNDER 35 U.S.C. 371		U.S. APPLICATION NO. (If known, see 37 CFR 1.5) 10/568847 Herewith
INTERNATIONAL APPLICATION NO. PCT/GB2003/005068	INTERNATIONAL FILING DATE 21 November 2003 (21.11.2003)	PRIORITY DATE CLAIMED 20 August 2003 (20.08.2003)
TITLE OF INVENTION EXERCISE APPARATUS		
APPLICANT(S) FOR DO/EO/US Clive Anthony PAYNE		
Applicant herewith submits to the United States Designated/Elected Office (DO/EO/US) the following items and other information:		
<ol style="list-style-type: none"> 1. <input checked="" type="checkbox"/> This is a FIRST submission of items concerning a submission under 35 U.S.C. 371. 2. <input type="checkbox"/> This is a SECOND or SUBSEQUENT submission of items concerning a submission under 35 U.S.C. 371. 3. <input type="checkbox"/> This is an express request to begin national examination procedures (35 U.S.C. 371(f)). The submission must include items (5), (6), (9) and (24) indicated below. 4. <input checked="" type="checkbox"/> The US has been elected (Article 31). 5. <input checked="" type="checkbox"/> A copy of the International Application as filed (35 U.S.C. 371(c)(2)) <ol style="list-style-type: none"> a. <input checked="" type="checkbox"/> is attached hereto (required only if not communicated by the International Bureau). b. <input type="checkbox"/> has been communicated by the International Bureau. c. <input type="checkbox"/> is not required, as the application was filed in the United States Receiving Office (RO/US). 6. <input type="checkbox"/> An English language translation of the International Application as filed (35 U.S.C. 371(c)(2)). <ol style="list-style-type: none"> a. <input type="checkbox"/> is attached hereto. b. <input type="checkbox"/> has been previously submitted under 35 U.S.C. 154(d)(4). 7. <input checked="" type="checkbox"/> Amendments to the claims of the International Application under PCT Article 19 (35 U.S.C. 371(c)(3)) <ol style="list-style-type: none"> a. <input type="checkbox"/> are attached hereto (required only if not communicated by the International Bureau). b. <input checked="" type="checkbox"/> have been communicated by the International Bureau. c. <input type="checkbox"/> have not been made; however, the time limit for making such amendments has NOT expired. d. <input type="checkbox"/> have not been made and will not be made. 8. <input type="checkbox"/> An English language translation of the amendments to the claims under PCT Article 19 (35 U.S.C. 371(c)(3)). 9. <input checked="" type="checkbox"/> An oath or declaration of the inventor(s) (35 U.S.C. 371(c)(4)). 10. <input type="checkbox"/> An English language translation of the annexes to the International Preliminary Examination Report under PCT Article 36 (35 U.S.C. 371(c)(5)). 11. <input type="checkbox"/> A copy of the International Preliminary Examination Report (PCT/IPEA/409). 12. <input checked="" type="checkbox"/> A copy of the International Search Report (PCT/ISA/210). 		
Items 13 to 23 below concern document(s) or information included:		
<ol style="list-style-type: none"> 13. <input checked="" type="checkbox"/> An Information Disclosure Statement under 37 CFR 1.97 and 1.98. 14. <input type="checkbox"/> An assignment document for recording. A separate cover sheet in compliance with 37 CFR 3.28 and 3.31 is included. 15. <input checked="" type="checkbox"/> A FIRST preliminary amendment. 16. <input type="checkbox"/> A SECOND or SUBSEQUENT preliminary amendment. 17. <input type="checkbox"/> A substitute specification. 18. <input type="checkbox"/> A power of attorney and/or change of address letter. 19. <input type="checkbox"/> A computer-readable form of the sequence listing in accordance with PCT Rule 13ter.2 and 37 CFR 1.821 - 1.825. 20. <input type="checkbox"/> A second copy of the published International Application under 35 U.S.C. 154(d)(4). 21. <input type="checkbox"/> A second copy of the English language translation of the International Application under 35 U.S.C. 154(d)(4). 22. <input checked="" type="checkbox"/> Express Mail Label No. EV 727214499 US 23. <input checked="" type="checkbox"/> Other items or information: 		
Copy of PCT Request, Copy of application as originally filed, copy of filed Statement under A.19 PCT; Return Postcard		

Under the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number.

U.S. APPLICATION NO (if known, see 37 CFR 1.5) <i>10/568847</i>		INTERNATIONAL APPLICATION NO. PCT/GB2003/005068		ATTORNEY'S DOCKET NUMBER 4393-123 US																																				
CALCULATIONS PTO USE																																								
<table border="1"> <tr> <td>24. <input checked="" type="checkbox"/> Basic national fee</td> <td>\$300</td> <td>\$300.00</td> <td></td> <td></td> </tr> <tr> <td>25. <input checked="" type="checkbox"/> Examination fee If International preliminary examination report prepared by USPTO and all claims satisfy provisions of PCT Article 33(1)-(4).</td> <td>\$100</td> <td>\$200.00</td> <td></td> <td></td> </tr> <tr> <td>All other situations.</td> <td>\$200</td> <td></td> <td></td> <td></td> </tr> <tr> <td>26. <input checked="" type="checkbox"/> Search fee Search fee (37 CFR 1.445(a)(2)) has been paid on the international application to the USPTO as an International Searching Authority</td> <td>\$100</td> <td></td> <td></td> <td></td> </tr> <tr> <td>International Search Report prepared and provided to the Office</td> <td>\$400</td> <td></td> <td></td> <td></td> </tr> <tr> <td>All other situations.</td> <td>\$500</td> <td>\$400.00</td> <td></td> <td></td> </tr> <tr> <td>TOTAL OF 24, 25 and 26 =</td> <td></td> <td>\$900.00</td> <td></td> <td></td> </tr> </table>						24. <input checked="" type="checkbox"/> Basic national fee	\$300	\$300.00			25. <input checked="" type="checkbox"/> Examination fee If International preliminary examination report prepared by USPTO and all claims satisfy provisions of PCT Article 33(1)-(4).	\$100	\$200.00			All other situations.	\$200				26. <input checked="" type="checkbox"/> Search fee Search fee (37 CFR 1.445(a)(2)) has been paid on the international application to the USPTO as an International Searching Authority	\$100				International Search Report prepared and provided to the Office	\$400				All other situations.	\$500	\$400.00			TOTAL OF 24, 25 and 26 =		\$900.00		
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TOTAL OF 24, 25 and 26 =		\$900.00																																						
<input type="checkbox"/> Additional fee for specification and drawings filed in paper over 100 sheets (excluding sequence listing or computer program listing filed in an electronic medium). The fee is \$250 for each additional 50 sheets of paper or fraction thereof.																																								
Total Sheets	Extra Sheets	Number of each additional 50 or fraction thereof (round up to a whole)	RATE																																					
25 - 100 =	0 /50 =	0	x \$250.00	\$ 0.00																																				
Surcharge of \$130.00 for furnishing the oath or declaration later than months from the earliest claimed priority date (37 CFR 1.492(e)).																																								
CLAIMS	NUMBER FILED	NUMBER EXTRA	RATE																																					
Total claims	23 - 20 =	3	x \$50.00	\$ 150.00																																				
Independent claims	1 - 3 =	0	x \$200.00	\$ 0.00																																				
MULTIPLE DEPENDENT CLAIMS (if applicable) <input type="checkbox"/>				+ \$360.00	\$ 0.00																																			
TOTAL OF ABOVE CALCULATIONS =																																								
<input checked="" type="checkbox"/> Applicant claims small entity status. See 37 CFR 1.27. The fees indicated above are reduced by 1/2.																																								
SUBTOTAL =																																								
Processing fee of \$130.00 for furnishing the English translation later than 30 months from the earliest claimed priority date (37 CFR 1.492(f)).																																								
TOTAL NATIONAL FEE =																																								
Fee for recording the enclosed assignment (37 CFR 1.21(h)). The assignment must be accompanied by an appropriate cover sheet (37 CFR 3.28, 3.31). \$40 per property + \$ 0.00																																								
TOTAL FEES ENCLOSED =																																								
<table border="1"> <tr> <td>Amount to be</td> <td>\$</td> </tr> <tr> <td>Amount to be</td> <td>\$</td> </tr> </table>						Amount to be	\$	Amount to be	\$																															
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a. <input checked="" type="checkbox"/> A check in the amount of \$ <u>\$525.00</u> to cover the above fees is enclosed.																																								
b. <input type="checkbox"/> Please charge my Deposit Account No. _____ in the amount of _____ to cover the above fees. A duplicate copy of this sheet is enclosed.																																								
c. <input checked="" type="checkbox"/> The Director is hereby authorized to charge any additional fees which may be required, or credit any overpayment to Deposit Account No. <u>13-2165</u> . A duplicate copy of this sheet is enclosed.																																								
d. <input type="checkbox"/> Fees are to be charged to a credit card. WARNING: Information on this form may become public. Credit card information should not be included on this form. Provide credit card information and authorization on PTO-2038.																																								
NOTE: Where an appropriate time limit under 37 CFR 1.495 has not been met, a petition to revive (37 CFR 1.137(a) or (b)) must be filed and granted to restore the International Application to pending status.																																								
SEND ALL CORRESPONDENCE TO:																																								
Diane Dunn McKay, Esq. Mathews, Shepherd, McKay & Bruneau, P.A. 100 Thanet Circle, Suite 306 Princeton, NJ 08540 Tel: 609 924 8555 Fax: 609 924 3036																																								
 SIGNATURE Diane Dunn McKay, Esq. NAME 34,586 REGISTRATION NUMBER																																								

10/56847

IAP5 Rec'd PCT/PTO 17 FEB 2006
4393-123 US

"EXPRESS MAIL CERTIFICATE"

"Express Mail" mailing label number: EV 727214499 US

Express Mail Corporate Account Number: XO88384

Date of Deposit: February 17, 2006

EV727214499US

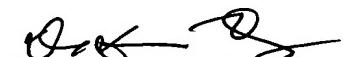
Type of Documents:

1. Transmittal Letter to the United States Designated/Elected Office (DO/EO/US) Concerning a Filing Under 35 U.S.C. § 371 (two (2) sheets);
2. Preliminary Amendment;
3. Copy of International Application Published Under the Patent Cooperation Treaty (PCT) (including International Search Report and Amended Claims);
4. Executed Declaration and Power of Attorney (three (3) sheets);
5. Copy of PCT Request (four (4) sheets);
6. Application as originally filed;
7. Copy of filed Statement under A.19 PCT;
8. Information Disclosure Statement;
9. PTO Form 1149;
10. "Express Mail" Certificate;
11. One (1) Acknowledgement Postcard; and
12. Check for \$525.00.

I hereby certify that this paper or fee is being deposited with the United States Postal Service "Express Mail Post Office to Addressee" service under 37 CFR 1.10 on the date indicated above and is addressed to the Mail Stop PCT, Commissioner for Patents, P.O. Box 1450, Arlington, VA 22313-1450.

Diane Dunn McKay

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